

## Alanine Aminotransferase acc. to IFCC with pyridoxal phosphate activation

## Order information

REF	CONTENT	Analyzer(s) on which <b>cobas c</b> pack(s) can be used
08056773190	Alanine Aminotransferase acc. to IFCC (450 tests)	System-ID 2013 001 <b>cobas c 303, cobas c 503</b>
Materials required (but not provided):		
10759350190	Calibrator f.a.s. (12 x 3 mL)	Code 20401
05117003190	PreciControl ClinChem Multi 1 (20 x 5 mL)	Code 20391
05947626190	PreciControl ClinChem Multi 1 (4 x 5 mL)	Code 20391
05117216190	PreciControl ClinChem Multi 2 (20 x 5 mL)	Code 20392
05947774190	PreciControl ClinChem Multi 2 (4 x 5 mL)	Code 20392
08063494190	Diluent NaCl 9 % (123 mL)	System-ID 2906 001
09119922191	Pyridoxal phosphate (950 tests)	System-ID 2012 002

## English

## For use in China only

## System information

ALTPY: ACN 20132

## Intended use

In vitro test for the quantitative determination of alanine aminotransferase (ALT) with pyridoxal phosphate activation in human serum and plasma on **cobas c** systems.

Summary<sup>1,2</sup>

The enzyme alanine aminotransferase (ALT) has been widely reported as present in a variety of tissues. The major source of ALT is the liver, which has led to the measurement of ALT activity for the diagnosis of hepatic diseases. Elevated serum ALT is found in hepatitis, cirrhosis, obstructive jaundice, carcinoma of the liver, and chronic alcohol abuse. ALT is only slightly elevated in patients who have an uncomplicated myocardial infarction.

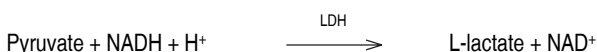
Although both serum aspartate aminotransferase (AST) and ALT become elevated whenever disease processes affect liver cell integrity, ALT is the more liver-specific enzyme. Moreover, elevations of ALT activity persist longer than elevations of AST activity.

The addition of pyridoxal phosphate to the assay causes an increase in aminotransferase activity. The activation is higher for AST than for ALT. Pyridoxal phosphate activation prevents falsely low aminotransferase activity in patient samples with insufficient endogenous pyridoxal phosphate (vitamin B<sub>6</sub> deficiency).

## Test principle

This assay follows the recommendations of the IFCC, but was optimized for performance and stability.<sup>3,4</sup>

ALT catalyzes the reaction between L-alanine and 2-oxoglutarate. The pyruvate formed is reduced by NADH in a reaction catalyzed by lactate dehydrogenase (LDH) to form L-lactate and NAD<sup>+</sup>. Pyridoxal phosphate serves as a coenzyme in the amino transfer reaction. It ensures full enzyme activation.



The rate of the NADH oxidation is directly proportional to the catalytic ALT activity. It is determined by measuring the decrease in absorbance.

## Reagents - working solutions

Alanine Aminotransferase acc. to IFCC (ALTL)

**R1** TRIS buffer: 224 mmol/L, pH 7.3 (37 °C); L-alanine: 1120 mmol/L; albumin (bovine): 0.25 %; LDH (microorganisms): ≥ 45 µkat/L; stabilizers; preservative

**R3** 2-Oxoglutarate: 94 mmol/L; NADH: ≥ 1.7 mmol/L; additives; preservative

R1 is in position B and R3 is in position C.

Pyridoxal phosphate (PYP-ALT, Cat. No 09119922191)

**R2** Pyridoxal phosphate: 730 µmol/L; additives; preservative

R2 is in position C.

## Precautions and warnings

For in vitro diagnostic use for health care professionals. Exercise the normal precautions required for handling all laboratory reagents.

Infectious or microbial waste:

Warning: handle waste as potentially biohazardous material. Dispose of waste according to accepted laboratory instructions and procedures.

Environmental hazards:

Apply all relevant local disposal regulations to determine the safe disposal.

Safety data sheet available for professional user on request.

## Reagent handling

Ready for use

## Storage and stability

Shelf life at 2-8 °C:

See expiration date on **cobas c** pack label.

On-board in use and refrigerated on the analyzer: 12 weeks

## Specimen collection and preparation

For specimen collection and preparation only use suitable tubes or collection containers.

Only the specimens listed below were tested and found acceptable.

Serum

Plasma: Li-heparin and K<sub>2</sub>-EDTA plasma

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Centrifuge samples containing precipitates before performing the assay.

See the limitations and interferences section for details about possible sample interferences.

Stability: 3 days at 15-25 °C<sup>5</sup>  
7 days at 2-8 °C<sup>5</sup>  
> 7 days at (-60)-(-80) °C

## Materials provided

See "Reagents – working solutions" section for reagents.

## Materials required (but not provided)

See "Order information" section

General laboratory equipment

**Assay**

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

The performance of applications not validated by Roche is not warranted and must be defined by the user.

**Application for serum and plasma****Test definition**

Reporting time	10 min		
Wavelength (sub/main)	700/340 nm		
Reagent pipetting		Diluent (H <sub>2</sub> O)	
R1	44 µL	24 µL	
R2	15 µL	–	
R3	15 µL	15 µL	
Sample volumes	Sample	Sample dilution	
		Sample	Diluent (NaCl)
Normal	6.8 µL	–	–
Decreased	6.8 µL	10 µL	90 µL
Increased	6.8 µL	–	–

For further information about the assay test definitions refer to the application parameters setting screen of the corresponding analyzer and assay.

**Calibration**

Calibrators	S1: H <sub>2</sub> O S2: C.f.a.s.
Calibration mode	Linear
Calibration frequency	Automatic full calibration - after reagent lot change  Full calibration - as required following quality control procedures

Calibration interval may be extended based on acceptable verification of calibration by the laboratory.

Traceability: This method has been standardized against the original IFCC formulation using calibrated pipettes together with a manual photometer providing absolute values and the substrate-specific absorptivity,  $\epsilon$ .<sup>6</sup>

**Quality control**

For quality control, use control materials as listed in the "Order information" section. In addition, other suitable control material can be used.

The control intervals and limits should be adapted to each laboratory's individual requirements. It is recommended to perform quality control always after lot calibration and subsequently at least every 12 weeks. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

Follow the applicable government regulations and local guidelines for quality control.

**Calculation**

**cobas c** systems automatically calculate the analyte activity of each sample in the unit U/L (µkat/L).

Conversion factor:  $\text{U/L} \times 0.0167 = \mu\text{kat/L}$

**Limitations - interference**

**Criterion:** Recovery within  $\pm 10\%$  of initial value at an ALT activity of 35 U/L.

**Icterus:**<sup>7</sup> No significant interference up to an I index of 60 for conjugated and unconjugated bilirubin (approximate conjugated and unconjugated bilirubin concentration: 1026 µmol/L or 60 mg/dL).

**Hemolysis:**<sup>7</sup> No significant interference up to an H index of 170 (approximate hemoglobin concentration: 106 µmol/L or 170 mg/dL). Contamination with erythrocytes will elevate results, because the analyte level in erythrocytes is higher than in normal sera. The level of interference may be variable depending on the content of analyte in the lysed erythrocytes.

**Lipemia (Intralipid):**<sup>7</sup> No significant interference up to an L index of 150. There is poor correlation between the L index (corresponds to turbidity) and triglycerides concentration. Lipemic samples may cause > Abs flagging. Choose diluted sample treatment for automatic rerun.

**Drugs:** No interference was found at therapeutic concentrations using common drug panels.<sup>8,9</sup> Exception: Calcium dobesilate can cause artificially low ALT results at therapeutic concentrations.

**Cyanokit (Hydroxocobalamin)** may cause interference with results.

Physiological plasma concentrations of Sulfasalazine or Sulfapyridine may lead to false results.

In very rare cases, gammopathy, in particular type IgM (Waldenström's macroglobulinemia), may cause unreliable results.<sup>10</sup>

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

**ACTION REQUIRED**

**Special Wash Programming:** The use of special wash steps is mandatory when certain test combinations are run together on **cobas c** systems. All special wash programming necessary for avoiding carry-over is available via the **cobas** link. The latest version of the carry-over evasion list can be found with the NaOH/SMS/SCCS Method Sheet for information. For further instructions refer to the operator's manual.

**Limits and ranges****Measuring range**

5-700 U/L (0.08-11.7 µkat/L)

Determine samples having higher activities via the rerun function. Dilution of samples via the rerun function is a 1:10 dilution. Results from samples diluted using the rerun function are automatically multiplied by a factor of 10.

**Lower limits of measurement**

*Limit of Blank, Limit of Detection and Limit of Quantitation*

Limit of Blank = 5 U/L (0.08 µkat/L)

Limit of Detection = 5 U/L (0.08 µkat/L)

Limit of Quantitation = 6 U/L (0.10 µkat/L)

The Limit of Blank, Limit of Detection and Limit of Quantitation were determined in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP17-A2 requirements.

The Limit of Blank is the 95<sup>th</sup> percentile value from  $n \geq 60$  measurements of analyte-free samples over several independent series. The Limit of Blank corresponds to the activity below which analyte-free samples are found with a probability of 95 %.

The Limit of Detection is determined based on the Limit of Blank and the standard deviation of low activity samples.

The Limit of Detection corresponds to the lowest analyte activity which can be detected (value above the Limit of Blank with a probability of 95 %).

The Limit of Quantitation is the lowest analyte activity that can be reproducibly measured with a total error of 20 %. It has been determined using low activity alanine aminotransferase samples.

**Expected values****U/L\***

Acc. to IFCC/Standard Method 94 with pyridoxal phosphate activation measured at 37 °C:<sup>11</sup>

Males	10-50 U/L	Females	10-35 U/L
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Consensus values with pyridoxal phosphate activation:<sup>12</sup>

Males	up to 50 U/L	Females	up to 35 U/L
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\*calculated by unit conversion factor

## Alanine Aminotransferase acc. to IFCC with pyridoxal phosphate activation

## µkat/L

Acc. to IFCC/Standard Method 94 with pyridoxal phosphate activation measured at 37 °C:<sup>11</sup>

Males 0.17-0.83 µkat/L Females 0.17-0.58 µkat/L

Consensus values with pyridoxal phosphate activation:<sup>12</sup>

Males up to 0.83 µkat/L Females up to 0.58 µkat/L

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.

## Specific performance data

Representative performance data on the analyzers are given below. These data represent the performance of the analytical procedure itself.

Results obtained in individual laboratories may differ due to heterogeneous sample materials, aging of analyzer components and mixture of reagents running on the analyzer.

## Precision

Precision was determined using human samples and controls in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP05-A3 requirements with repeatability (n = 84) and intermediate precision (2 aliquots per run, 2 runs per day, 21 days). Results for repeatability and intermediate precision were obtained on the **cobas c 503** analyzer.

Repeatability	Mean U/L	SD U/L	CV %
PCCC <sup>1a)</sup>	49.5	0.457	0.9
PCCC <sup>2b)</sup>	121	0.607	0.5
Human serum 1	12.0	0.265	2.2
Human serum 2	30.0	0.402	1.3
Human serum 3	49.6	0.440	0.9
Human serum 4	351	1.96	0.6
Human serum 5	620	2.96	0.5
Intermediate precision	Mean U/L	SD U/L	CV %
PCCC <sup>1a)</sup>	49.5	0.629	1.3
PCCC <sup>2b)</sup>	121	0.977	0.8
Human serum 1	12.0	0.341	2.9
Human serum 2	31.9	0.469	1.5
Human serum 3	49.6	1.20	2.4
Human serum 4	349	2.75	0.8
Human serum 5	634	3.67	0.6

a) PreciControl ClinChem Multi 1

b) PreciControl ClinChem Multi 2

The data obtained on **cobas c 503** analyzer(s) are representative for **cobas c 303** analyzer(s).

## Method comparison

ALT values for human serum and plasma samples obtained on a **cobas c 503** analyzer (y) were compared with those determined using the corresponding reagent on a **cobas c 501** analyzer (x).

Sample size (n) = 91

Passing/Bablok <sup>13</sup>	Linear regression
$y = 0.993x + 1.14 \text{ U/L}$	$y = 0.992x + 1.22 \text{ U/L}$
$r = 0.987$	$r = 1.000$

The sample activities were between 7.02 and 695 U/L.

ALT values for human serum and plasma samples obtained on a **cobas c 303** analyzer (y) were compared with those determined using the corresponding reagent on a **cobas c 501** analyzer (x).

Sample size (n) = 65

Passing/Bablok <sup>13</sup>	Linear regression
$y = 1.000x + 1.83 \text{ U/L}$	$y = 0.978x + 3.53 \text{ U/L}$
$r = 0.974$	$r = 1.000$

The sample activities were between 9.63 and 684 U/L.

## References

- 1 Sherwin JE. Liver function. In: Kaplan LA, Pesce AJ, eds. Clinical Chemistry, theory, analysis, and correlation. St. Louis: Mosby 1984;420-438.
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- 4 ECCLS. Determination of the catalytic activity concentration in serum of L-alanine aminotransferase (EC 2.6.1.2, ALAT). Klin Chem Mitt 1989;20:204-211.
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- 7 Glick MR, Ryder KW, Jackson SA. Graphical Comparisons of Interferences in Clinical Chemistry Instrumentation. Clin Chem 1986;32:470-475.
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- 9 Sonntag O, Scholer A. Drug interference in clinical chemistry: recommendation of drugs and their concentrations to be used in drug interference studies. Ann Clin Biochem 2001;38:376-385.
- 10 Bakker AJ, Mücke M. Gammopathy interference in clinical chemistry assays: mechanisms, detection and prevention. Clin Chem Lab Med 2007;45(9):1240-1243.
- 11 Klauke R, Schmidt E, Lorentz K. Recommendations for carrying out standard ECCLS procedures (1988) for the catalytic concentrations of creatine kinase, aspartate aminotransferase, alanine aminotransferase and γ-glutamyltransferase at 37 °C. Eur J Clin Chem Clin Biochem 1993;31:901-909.
- 12 Thomas L, Müller M, Schumann G, et al. Consensus of DGKL and VDGH for interim reference intervals on enzymes in serum. J Lab Med 2005;29(5):301-308.
- 13 Bablok W, Passing H, Bender R, et al. A general regression procedure for method transformation. Application of linear regression procedures for method comparison studies in clinical chemistry, Part III. J Clin Chem Clin Biochem 1988 Nov;26(11):783-790.

A point (period/stop) is always used in this Method Sheet as the decimal separator to mark the border between the integral and the fractional parts of a decimal numeral. Separators for thousands are not used.

Any serious incident that has occurred in relation to the device shall be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is established.

## Symbols

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard (for USA: see dialog.roche.com for definition of symbols used):

CONTENT	Contents of kit
→	Volume for reconstitution
GTIN	Global Trade Item Number

1508056773190c503V2.0

# ALTP

**Alanine Aminotransferase acc. to IFCC with pyridoxal phosphate activation**

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